

NOV 2024 RECOVERY SOLUTIONS GROUPS

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Recovery Solutions</b> 2003 E 4 <sup>th</sup> Street Pueblo, Co 81001 719-544-6373 Open Mon-Fri 8am-5pm	<b>Groups on Schedule subject to change</b>  <a href="https://www.healthisolutions/recoveryolutions">https://www.healthisolutions/recoveryolutions</a>					<b>01 02</b> Goals Group 9:00 am Art 9:30 am Fresh Friday's Cooking group 10:15am Wellness 12:00pm Lavender Connection 1:30
<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>
	Goals 9:00 am Exercise 9:30am Anger Management 12:00pm Games 1:00pm Acudetox 2:00pm	Goals Group 9:00am Exercise group 9:30am Music and Emotion 12:00pm Games 1:00pm Karaoke 2:00pm	Sewing 8:00 am Goals Group 9:00 am Community Reintegration 9:30 am Grief Group 12:00 Acudetox 1:00pm	Goals Group 9:00am Exercise or sewing 915am Brain and Body 1015am Coping w/Anxiety 12:00pm Acudetox 2:00pm	Goals Group 9:00 am Art 9:30 am Fresh Friday's Cooking group 10:15am Wellness 12:00pm Lavender Connection 1:30	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
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<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
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<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
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