SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	03	04	05	06
Recovery Solutions 2003 E 4 th Street Pueblo, Co 81001 719-544-6373 Open Mon-Fri 8am- ₅ pm	Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm Acudetox 2:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Communication Skills1:00pm	Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 am Acudetox 1:00pm	Closed	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Baking 1:00pm	
07	08	09	10	11	12	13
Groups on Schedule subject to change https://www.heal th.solutions/reco verysolutions/	July 4 Party	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Coping with Anxiety 1:00pm	Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Acudetox 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Games 1:00pm	
14	15	16	17	18	19	20
	Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm Acudetox 2:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Coping with Depression 1:00pm	Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 am Acudetox 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Baking 1:00pm	
21	22	23	24	25	26	27
	Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm Acudetox 2:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Meditation1:00pm	Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Acudetox 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Games 1:00pm	
28	29	30	31			
	Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Member meeting 1:00pm	Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Acudetox 1:00pm			