

Symptoms may show up 2-14 days after exposure

illness primarily include:

## **TeleHealth Services Offered**

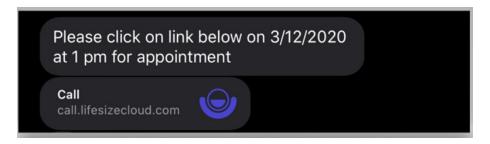
We are now offering our TeleHealth services to clients temporarily to help avoid the potential spread of COVID-19. This means if you want to see your provider via TeleHealth, you can speak to your provider through video chat.

- You will need a smart phone, tablet or a computer with a camera and an email address.
- To get started, our support staff will send you a text message or e-mail that will allow you to access the TeleHealth system. (Depending on how you would like to receive the the service).

The link will look like this:

## https://call.lifesizecloud.com

• Your text or e-mail will include time and day of your appointment and a link to access your session. You will need to click on this link to start. This link will only work during your scheduled appointment.



If at any time you are having difficulty with this process, please ask one of our support staff for assistance. We are here to help you.